

Meet People Where They Are

A Harm Reduction Approach to Wound Care

People who use substances experience high rates of skin and wound infections

Almost 75% of people who use substances have had a wound



People who are stigmatized often delay seeking medical care because of negative past experience

What can you do?

- **Actively** listen to the person and address their needs
- **Assess pain** and provide enough **pain management**
- Take the time to **teach** the person about their wound, including signs and symptoms of infection
- Ask about **individual** needs and concerns
- Allot enough time to provide good care. **Avoid rushing**
- If possible and appropriate, **send a take-away bag of wound care** supplies with teaching to support people in caring for their wounds