How to Respond to an Opioid Poisoning

Check if they are responsive 1 Speak to them 2 Squeeze their fingertips or the muscle between the neck and shoulder Stimulate If they are not responsive call 9-1-1 1 Check if they are breathing normally 2 Check for a pulse (heartbeat) **3** Remove anything in their mouth **Airway** 1 Lift chin and tilt head back 2 Give 1 breath every 5 seconds Ventilate 1 Check breathing again 2 Check responsiveness **3** Check for a pulse **Evaluate** Give naloxone if they are not breathing normally • Inject 1 ampoule (0.4 mg) into arm or thigh muscle **OR** Medicate • Give 1 intranasal spray (4 mg) in one nostril 1 Keep giving breaths 2 Check breathing again **3** Give another dose of naloxone: • 3 minutes after last injection **OR Evaluate** • 3-5 minutes after last intranasal spray & Support

Responsiveness means:

- Awake and alert OR
- Easy to wake up

Breathing normally means:

- Taking 12 or more breaths per minute AND
- No unusual breathing sounds (e.g. gurgling)

If at any time:

There is NO PULSE:

Start CPR with rescue breathing and compressions

They start breathing normally:

- Place them on their side
- Do not leave them alone
- Repeat SAVE ME if their breathing changes
- STOP giving naloxone when they are breathing normally – even if they are still unresponsive



