



WHAT TO DO IF YOU FIND A DISCARDED NEEDLE?

Needle pick-up is safe and easy!

1. Find a rigid plastic container with a secure lid (e.g. plastic drink bottle with a wide mouth, liquid laundry bottle).



- ✓ Remove the lid and place the container on the ground beside the needle.
- ✓ Do not break or recap the needle.

2. Pick up the needle by the centre of the syringe barrel with care.



- ✓ Use work or latex gloves if available, and tongs if you prefer.
- ✓ Always point the sharp end of the needle down and away from you.

3. Put the needle in the container, sharp-end first, and secure the lid.



- ✓ While doing this step, the container should be on the ground; do not hold it in your hand.

4. Remove gloves and wash hands thoroughly with soap and water.



- ✓ Drop off the sealed container at a local health unit, pharmacy or community drop box.