

Getting Prescriptions and Carries During Extreme Weather

What can I do?

If extreme weather prevents you from going to your usual pharmacy:

- **Pack your BC Services Card (CareCard) or Personal Health Number and ID** with your emergency travel bags and supplies.
- **Go to any pharmacy and ask for help.** You may be able to:
 - access an emergency supply of medications
 - get your prescription transferred from your previous pharmacy (short-term or permanent)
 - get carries (the new pharmacist will need to contact your prescriber for this).

What should I tell the new pharmacy?*

“I am unable to reach my prescriber or pharmacy because of the weather/emergency situation (or transportation/closures/moved elsewhere for shelter). My scripts are out as of yesterday.”



“Could you look on PharmaNet at my situation? I understand pharmacists are able to provide me with an emergency refill or extension.”

*Please change the wording of the first script so that it describes your situation

Do these suggestions apply to OAT and prescribed safer supply?

Yes. These suggestions apply to all prescribed medications.

**You may not be able to follow all of these tips.
Do what you can and reach out for support.**