

Safer Smoking Supplies

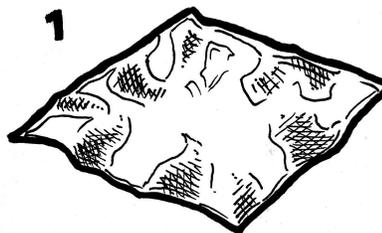
Making a foil hooter

Hooters (or tubes made out of foil) can be used to chase the dragon. Using a foil hooter is safer than using pen casings or straws because of the harms associated with toxins released from heated plastic.

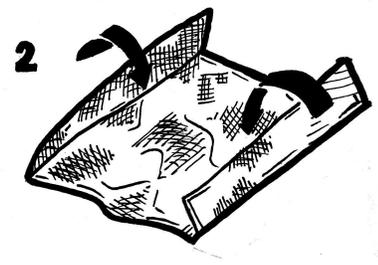
We recommend using thicker, uncoated foil to avoid the foil disintegrating and overheating your drugs. Kitchen foil sometimes has a coating on it that can be harmful to inhale when heated.

Folding the Hooter

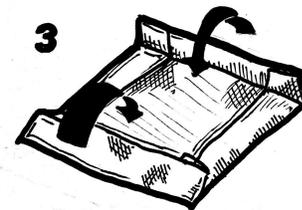
Step 1. Start with the foil square



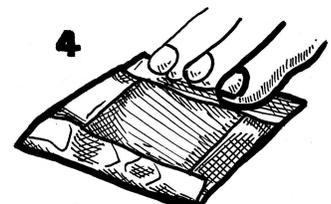
Step 2. Fold in the sides of square



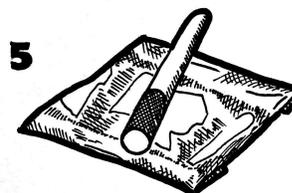
Step 3. Next fold along the bottom and the top of the square



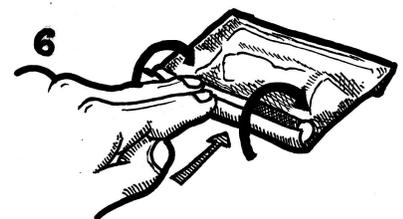
Step 4. Smooth down all the folds



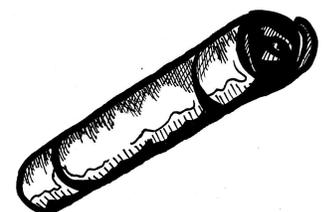
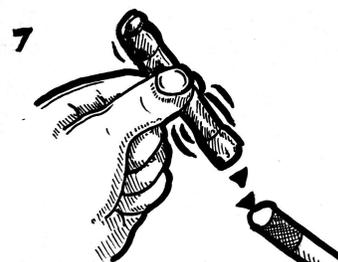
Step 5. Flip the foil over so that the flat side of the foil is facing upwards. Find a narrow cylinder object like a cigarette or a pen.



Step 6. Roll the foil around the cylinder object forming a tube shape with the foil.



Step 7. Remove the cylinder object and hold at the centre of the tube.



To find a harm reduction site near you, please visit: www.towardtheheart.com/site-finder